



# TWENTY **ONE** IN TWENTY ONE



A 21 DAY SOAP JOURNAL

**THIS JOURNAL BELONGS TO**

Gospel of John S.O.A.P. Journal

Created By:



**CENTRAL**  
C H U R C H  
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## **WHAT IS S.O.A.P. & HOW DO I USE IT?**

It is easy to quickly read through the Word of God and not really take the time to let it sink in and affect your life. There are many great techniques that can help you process what you read and apply it to your life—the S.O.A.P. method is one way to help you do just that!

### **S - Scripture**

The S is for scripture. As you read through the scripture, take time to slow down, highlight and/or write out key phrases and points as you see them.

### **O - Observation**

The O is for Observation. What do you see in what you're reading? Who is the audience? Is there a repetition of words? What words or phrases stand out to you?

### **A - Application**

The A is for Application. How can you apply what you're reading to your own life? Are there any actions you need to take or changes that should be made?

### **P - Prayer**

The P is for Prayer. Pray God's Word back to Him. If He has revealed something to you during this time, pray about it.

## **S.O.A.P. EXAMPLE**

### **Read: James 1:22-25**

#### **S - Scripture**

“Do not merely listen to the word, and so deceive yourselves. Do what it says. Anyone who listens to the word but does not do what it says is like someone who looks at his face in a mirror and after looking at himself, goes away and immediately forgets what he looks like. But whoever looks intently into the perfect law that gives freedom, and continues in it—not forgetting what they have heard, but doing it—they will be blessed in what they do.”

#### **O - Observation**

- Written to believers – to me.
- What is the point of listening to the Word, but never doing anything?
- The one who acts will be blessed.

#### **A - Application**

How often do you read the Word of God or listen to a message preached in His Name and do nothing about it? It's time for me to recognize the importance of hearing the Word of God and make a change in behavior, attitude, etc.

#### **P - Prayer**

Father, please help me to not just hear your Word, but to let it change me. Open my heart to what You are saying to me through Your holy scripture. Give me the wisdom and strength to act on what You are calling me to do.

## **ABOUT THE GOSPEL OF JOHN**

The apostle John, one of Jesus's original twelve disciples, wrote this book of the Bible.

The book of John profiles the one true God who is revealed in the person of Jesus Christ.

John wrote this to non-Jewish followers of Jesus sometime between 80-95 A.D.

He was addressing those struggling with the predominant Greek philosophies of the time.

John himself explained his goal in his writing was "These [signs] are written that you may believe that Jesus is the Messiah, the Son of God, and that by believing you may have life in his name (20:31)."

In the beginning was the Word, and the Word was with God, and the Word was God.

He was with God in the beginning.

Through him all things were made; without him nothing was made that has been made.

In him was life, and that life was the light of all mankind.

The light shines in the darkness, and the darkness has not overcome it.

**John 1:1-5**

# JOHN 1

**S - Scripture**

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**O - Observation**

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**A - Application**

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**P - Prayer**

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## GOING DEEPER

### John 1 Questions

How does chapter one describe Jesus?

What was John the Baptist's role in the coming of Christ?

How is Jesus the "Lamb of God?"

What is your response to Philip and Nathanael being called by Jesus?



Jesus answered them:

Destroy this temple, and I will raise it again  
in three days.

John 2:19

## JOHN 2

**S - Scripture**

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**O - Observation**

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**A - Application**

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**P - Prayer**

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## GOING DEEPER

### John 2 Questions

·What “hour” was Jesus waiting for?

Why was Jesus angered by what He saw happening at the temple courts?

This is the verdict:

Light has come into the world, but people loved darkness instead of light because their deeds were evil.

Everyone who does evil hates the light, and will not come into the light for fear that their deeds will be exposed.

But whoever lives by the truth comes into the light, so that it may be seen plainly that what they have done has been done in the sight of God.

**John 3:19-21**

## JOHN 3

**S - Scripture**

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**O - Observation**

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**A - Application**

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**P - Prayer**

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## GOING DEEPER

### John 3 Questions

What does it mean to be “born again?”

What is the path to salvation described here?

How can you apply John the Baptist’s attitude of humility in your own life?

Yet a time is coming and has now come  
when the true worshipers will worship the  
Father in the Spirit and in truth, for they are  
the kind of worshipers the Father seeks.

**John 4:23**

## JOHN 4

**S - Scripture**

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**O - Observation**

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**A - Application**

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**P - Prayer**

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## GOING DEEPER

### John 4 Questions

What do you learn about Jesus's priorities through His interaction with the Samaritan woman?

How can you worship in "Spirit and in Truth?"

Do you think you are in need of signs and wonders to believe and trust in God?

Very truly I tell you, whoever hears my word  
and believes him who sent me has eternal  
life and will not be judged but has crossed  
over from death to life.

**John 5:24**

## JOHN 5

**S - Scripture**

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**O - Observation**

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**A - Application**

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**P - Prayer**

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## GOING DEEPER

### John 5 Questions

What does this chapter show us about the authority given to Jesus?

What testimonies about Jesus do you look to and how do you act on them?

Then Jesus replied, “Have I not chosen you,  
the Twelve? Yet one of you is a devil!”

**John 6:70**

## JOHN 6

**S - Scripture**

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**O - Observation**

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**A - Application**

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**P - Prayer**

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## GOING DEEPER

### John 6 Questions

What does the crowd want from Jesus?

What do you think Jesus was trying to teach His disciples by walking on water?

Why did disciples desert Jesus? What have been your reactions to hard truth found in scripture?

How does the Father enable us to come to Jesus?

Jesus said:

I am with you for only a short time, and then  
I am going to the one who sent me.

You will look for me, but you will not find  
me; and where I am, you cannot come.

**John 7:33-34**



# JOHN 7

**S - Scripture**

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**O - Observation**

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**A - Application**

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**P - Prayer**

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## GOING DEEPER

### John 7 Questions

What judgements regarding Jesus do you see here and what is their basis?

What was the division over who Jesus was?

Why was it so difficult for the Pharisees to believe in Jesus?

To the Jews who had believed him, Jesus said, “If you hold to my teaching, you are really my disciples. Then you will know the truth, and the truth will set you free.”

**John 8:31-32**

## JOHN 8

**S - Scripture**

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**O - Observation**

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**A - Application**

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**P - Prayer**

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## GOING DEEPER

### John 8 Questions

·What is said here about testimony and judgement?

What did Jesus claim?

He replied:

Whether he is a sinner or not, I don't know.

One thing I do know.

I was blind but now I see!

**John 9:25**

## JOHN 9

**S - Scripture**

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**O - Observation**

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**A - Application**

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**P - Prayer**

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## GOING DEEPER

### John 9 Questions

·What are the reactions of Jesus healing the blind man?

Do you think we can sometimes be spiritually blind? How so?



The reason my Father loves me is that I lay down my life—only to take it up again.

No one takes it from me, but I lay it down of my own accord. I have authority to lay it down and authority to take it up again.

This command I received from my Father.

**John 10:17-18**

# JOHN 10

**S - Scripture**

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**O - Observation**

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**A - Application**

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**P - Prayer**

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## GOING DEEPER

### John 10 Questions

Who is the good Shepherd and who are His sheep?

What was Jesus trying to get across through His imagery?

What does Jesus most want the Jews to know about Himself?  
Why?

When he had said this, Jesus called in a loud voice, "Lazarus, come out!"

The dead man came out, his hands and feet wrapped with strips of linen, and a cloth around his face.

Jesus said to them, "Take off the grave clothes and let him go."

**John 11:43-45**

# JOHN 11

**S - Scripture**

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**O - Observation**

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**A - Application**

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**P - Prayer**

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## GOING DEEPER

### John 11 Questions

·What do the different people in this story expect from Jesus?

Why do you think Jesus waited to go to Lazarus?

Why did Jesus weep if He was going to raise Lazarus from the dead?

Why were the Jewish leaders so opposed to Jesus' miracles?

The next day the great crowd that had come for the festival heard that Jesus was on his way to Jerusalem.

They took palm branches and went out to meet him, shouting:

Hosanna! Blessed is he who comes in the name of the Lord!

Blessed is the king of Israel!

**John 12:12-13**

# JOHN 12

**S - Scripture**

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**O - Observation**

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**A - Application**

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**P - Prayer**

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## GOING DEEPER

### John 12 Questions

How was what Mary did an act of worship?

What was significant about Jesus riding into Jerusalem on a donkey?

How does Jesus describe what will happen to Him and how does it affect those listening?

Very truly I tell you, no servant is greater than his master, nor is a messenger greater than the one who sent him.

**John 13:16**

# JOHN 13

**S - Scripture**

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**O - Observation**

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**A - Application**

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**P - Prayer**

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## GOING DEEPER

### John 13 Questions

Why does Jesus wash His disciples' feet?

What is Jesus' prediction regarding His betrayal?

What was the new command Jesus gave?

Do not let your hearts be troubled. You believe in God; believe also in me.

My Father's house has many rooms; if that were not so, would I have told you that I am going there to prepare a place for you?

And if I go and prepare a place for you, I will come back and take you to be with me that you also may be where I am.

You know the way to the place where I am going.

**John 14:1-4**

## JOHN 14

**S - Scripture**

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**O - Observation**

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**A - Application**

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**P - Prayer**

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## GOING DEEPER

### John 14 Questions

·How does Jesus comfort His disciples?

How does He describe the Holy Spirit?

What is the role of the Holy Spirit in our lives today?

If the world hates you, keep in mind that it hated me first. If you belonged to the world, it would love you as its own.

As it is, you do not belong to the world, but I have chosen you out of the world.

That is why the world hates you.

**John 15:18-19**



## JOHN 15

**S - Scripture**

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**O - Observation**

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**A - Application**

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**P - Prayer**

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## GOING DEEPER

### John 15 Questions

What is the importance of remaining in Jesus?

What can we do to remain in Him?

Why does the world hate Jesus and His disciples?

I came from the Father and entered the world; now I am leaving the world and going back to the Father.

**John 16:28**

# JOHN 16

**S - Scripture**

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**O - Observation**

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**A - Application**

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**P - Prayer**

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## GOING DEEPER

### John 16 Questions

·What does Jesus say will bring His disciples peace and joy?

How is the Holy Spirit moving in your life today?

My prayer is not for them alone. I pray also for those who will believe in me through their message, that all of them may be one, Father, just as you are in me and I am in you.

May they also be in us so that the world may believe that you have sent me.

**John 17:20-21**

## JOHN 17

**S - Scripture**

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**O - Observation**

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**A - Application**

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**P - Prayer**

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## GOING DEEPER

### John 17 Questions

·For what purpose has Jesus sent His disciples into the world?

Why do think it is so important for there to be unity among believers?

How can we bring about unity among His Church?



Jesus said:

My kingdom is not of this world. If it were,  
my servants would fight to prevent my  
arrest by the Jewish leaders. But now my  
kingdom is from another place.

**John 18:36**

## JOHN 18

**S - Scripture**

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**O - Observation**

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**A - Application**

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**P - Prayer**

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## GOING DEEPER

### John 18 Questions

How does Jesus show His willingness to drink the cup (vs. 11)?

How do you respond to threatening situations where identifying with Jesus might cost you?

Why did Pilate hesitate, but ultimately give in?

When he had received the drink, Jesus said:

It is finished.

With that, he bowed his head and gave up  
his spirit.

**John 19:30**

## JOHN 19

**S - Scripture**

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**O - Observation**

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**A - Application**

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**P - Prayer**

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## GOING DEEPER

### John 19 Questions

What do you think Jesus' followers were thinking and feeling?

What is your reaction to Jesus' self-sacrifice?

But these are written that you may believe  
that Jesus is the Messiah, the Son of God,  
and that by believing you may have life in  
his name.

**John 20:31**

## JOHN 20

**S - Scripture**

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**O - Observation**

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**A - Application**

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**P - Prayer**

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## GOING DEEPER

### John 20 Questions

·By rising from the dead, how did Jesus defeat death and sin?

Why do you think it was significant that Jesus appeared to the women first?

What did John write as his purpose for this book of the Bible?

Jesus did many other things as well. If every one of them were written down, I suppose that even the whole world would not have room for the books that would be written.

**John 21:25**

## JOHN 21

**S - Scripture**

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**O - Observation**

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**A - Application**

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**P - Prayer**

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## GOING DEEPER

### John 21 Questions

How do you think this third appearance strengthened and enriched His disciples understanding of the resurrected Jesus?

How would you describe the conversation between Peter and Jesus?

What is the meaning of "feed my lambs, take care of my sheep, and feed my sheep?" How does this apply to us?

## NOTES

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This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.





## THANK YOU FOR JOINING US

We hope that this journey through the Gospel of John has encouraged your heart and given you confidence in the authority of Jesus.

We pray that this rhythm of spending time with God daily in this journal continues into the rest of 2021.

We pray that you will continue to deepen your relationship with him and find strength in the Word He has given to us.

We pray that you will continue to place Jesus at the center of your life and that you will never stop seeking the truth by quieting your heart and finding rest in time spent with God.

We are grateful to be a part of this journey and to see God work through you for His glory.

We are thankful for you.